

2021 Census Data for Carmarthenshire – Health, Provision of Unpaid Care & Disability

The Office for National Statistics has used a new statistical disclosure control methodology for Census 2021. As a result, figures created by summing lower-level geographies will not match figures released for higher geographies. The Office for National Statistics does not recommend the aggregation of lower-level geographies to create higher geographies.

	Carmarthenshire				Wales				England & Wales			
	2011		2021		2011		2021		2011		2021	
All Usual Residents	183,777		187,897		3,063,456		3,107,495		56,075,912		59,597,542	
General Health												
Very good health	82,638	45.0%	84,785	45.1%	1,428,697	46.6%	1,436,479	46.2%	26,434,409	47.1%	28,827,308	48.4%
Good health	55,618	30.3%	59,550	31.7%	953,363	31.1%	1,005,485	32.4%	19,094,820	34.1%	20,046,220	33.6%
Fair health	30,011	16.3%	29,491	15.7%	447,789	14.6%	449,655	14.5%	7,401,881	13.2%	7,597,001	12.7%
Bad health	11,475	6.2%	10,554	5.6%	178,222	5.8%	164,102	5.3%	2,428,668	4.3%	2,412,358	4.0%
Very bad health	4,035	2.2%	3,517	1.9%	55,385	1.8%	51,774	1.7%	716,134	1.3%	714,655	1.2%
All Usual Residents	183,777		178,840		3,063,456		2,952,408		56,075,912		56,365,506	
Provision of Unpaid Care												
Provides no unpaid care	159,788	86.9%	158,454	88.6%	2,693,226	87.9%	2,641,657	89.5%	50,275,666	89.7%	51,376,490	91.1%
Provides 19 or less hours unpaid care a week	13,390	7.3%	8,778	4.9%	212,436	6.9%	138,325	4.7%	3,665,072	6.5%	2,442,050	4.3%
Provides 20 to 49 hours unpaid care a week	3,485	1.9%	4,231	2.4%	54,046	1.8%	65,597	2.2%	775,189	1.4%	1,035,366	1.8%
Provides 50 or more hours of unpaid care a week	7,114	3.9%	7,377	4.1%	103,748	3.4%	106,829	3.6%	1,359,985	2.4%	1,511,600	2.7%

Analysis:

- 76.8% of residents in Carmarthenshire say they are in Good or Very Good health, despite a slight increase from the 2011 census (75.3%), this continues to be less than in Wales (78.6%) and in England and Wales (82%).
- The percentage of residents in very bad health has reduced in Carmarthenshire from 2.2% to 1.9%, this is a slightly higher reduction than in other regions, but Carmarthenshire continues to have the highest proportion of residents in very bad health.
- Over 20,000 (11.4%) of Carmarthenshire residents provide weekly unpaid care, almost 7,400 (36%) of these carers provide 50 or more hours a week of unpaid care. Despite a reduction from the previous census (13.1%), this continues to be a higher proportion of residents compared with Wales (10.5%) and England & Wales (8.8%)

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	Carmarthenshire				Wales				England & Wales			
	2011		2021		2011		2021		2011		2021	
All Usual Residents	183,777		187,895		3,063,456		3,107,494		56,075,912		59,597,542	
Disability												
Disabled under the Equality Act			43,152	23.0%			670,266	21.6%			10,444,776	17.5%
Disabled: Day-to-day activities limited a lot	24,912	13.6%	21,255	11.3%	364,318	11.9%	319,406	10.3%	4,769,712	8.5%	4,459,763	7.5%
Disabled: Day-to-day activities limited a little	21,763	11.8%	21,897	11.7%	331,537	10.8%	350,860	11.3%	5,278,729	9.4%	5,985,013	10.0%
Not disabled under the Equality Act	-	-	144,743	77.0%	-	-	2,437,228	78.4%	-	-	49,152,766	82.5%
Not disabled: Has long term physical or mental health condition but day-to-day activities are not limited	-	-	11,654	6.2%	-	-	206,540	6.6%	-	-	4,062,569	6.8%
Not disabled: No long term physical or mental health conditions	-	-	133,089	70.8%	-	-	2,230,688	71.8%	-	-	45,090,197	75.7%
Day-to-day activities not limited	137,102	74.6%	-	-	2,367,601	77.3%	-	-	46,027,471	82.1%	-	-
All Households	-	-	81,756		-	-	1,347,112		-	-	24,783,199	
Number of disabled people in the household												
No people disabled under the Equality Act	-	-	49,239	60.2%	-	-	836,508	62.1%	-	-	16,764,706	67.6%
1 person disabled under the Equality Act	-	-	24,845	30.4%	-	-	396,883	29.5%	-	-	6,346,966	25.6%
2 or more people disabled under the Equality Act	-	-	7,672	9.4%	-	-	113,721	8.4%	-	-	1,671,527	6.7%

Analysis:

- The percentage of residents that have a limiting disability has reduced slightly in Carmarthenshire and nationally. 11.3% of these are limited a lot to achieve their day to day activities.
- Carmarthenshire has the highest proportion of households that have 2 or more people disabled under the Equality Act with 9.4% compared to 8.4% in Wales and 6.7% in England and Wales.

Definition:

General Health

General health is a self-assessment of a person's general state of health. People were asked to assess whether their health was very good, good, fair, bad or very bad. This assessment is not based on a person's health over any specified period of time.

Provision of Unpaid Care

A person is a provider of unpaid care if they look after or give support to family members, friends, neighbours or others because of long-term physical or mental ill health or disability, or problems relating to old age. This does not include any activities as part of unpaid employment. No distinction is made about whether any care that a person provides is within their own household or outside of the household, so no explicit link can be made about whether the care provided is for a person within the household who has poor general health or a long-term health problem or disability.

Disabled

People who assessed their day-to-day activities as limited by long-term physical or mental health conditions or illnesses are considered disabled. This definition of a disabled person meets the harmonised standard for measuring disability and is in line with the Equality Act (2010).

Number of disabled people in household

The number of people in a household who assessed their day-to-day activities as limited by long-term physical or mental health conditions or illnesses and are considered disabled. This definition of a disabled person meets the harmonised standard for measuring disability and is in line with the Equality Act (2010).