

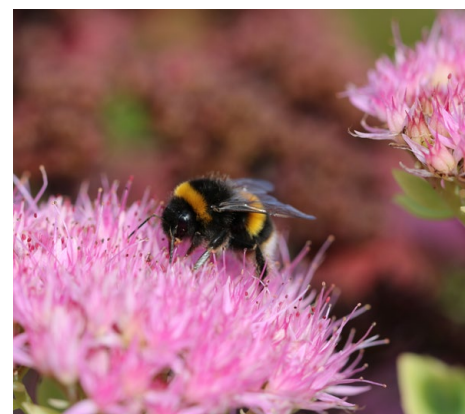
## INDIVIDUALS



Each person can do something to help biodiversity – small actions can make a big difference. Actions to benefit nature can also be great for you. You may be rewarded by the sound of birdsong, the sight of beautiful bees and butterflies, or by the offer of shade from trees.

### There are many ways you can help:

- helping a local conservation group to create places for nature to thrive
- make your garden more friendly for wildlife by making wildflower patches or planting nectar and pollen-rich trees and shrubs
- stop using chemical pesticides in your garden
- tell others about the biodiversity you see or hear in your local patch. You can do this with an app on your phone or by sharing your photos on social media
- ask your local politician about what is being done in your area to maintain and enhance biodiversity
- be inspired by nature – if you write, draw, stitch or paint – explore how your local environment can stimulate your creativity
- reduce–reuse–recycle





# DISCOVER

If you want to find out what wildlife lives in your patch, the Aderyn website will help you. You can put in your postcode and it will tell you what's been recorded near you, or you can search for specific species to see how rare or common something is in Wales. <https://aderyn.lercwales.org.uk>

Get to know your local patch to see what opportunities you have to enhance the wildlife there. What patch of grassland could be allowed to grow, where could you plant some trees, where could you make a pond or just create a wood pile?



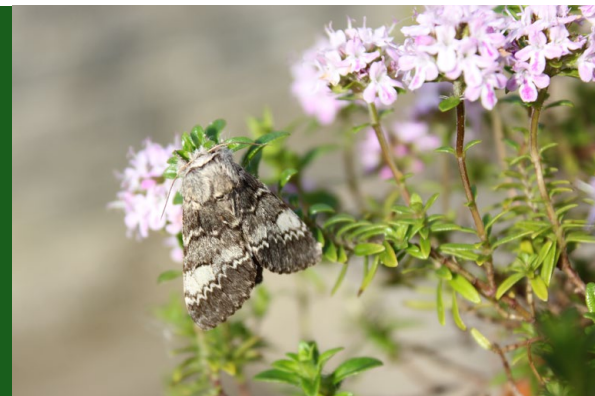
# MANAGE

Use the expertise of the Local Nature Partnerships and the organisations within it: they can help advise on what action you could undertake on your site. [Carmarthenshire Nature Partnership \(gov.wales\)](http://gov.wales)



# CREATE

Try to create a mosaic or patchwork of habitats that are connected. You can work with the natural characteristics of your land and enhance what is already there, or create a wildlife garden or raised beds with pollinator-friendly plants.



# PROTECT

Avoid using pesticides and herbicides and go peat free – use peat alternatives and help save our valuable peat bogs. Get involved with a local wildlife project and protect your local wildlife sites.



## For more detail:

- Find out more about nature in Carmarthenshire at [Biodiversity \(gov.wales\)](http://gov.wales)
- Contact [Biodiversity@carmarthenshire.gov.uk](mailto:Biodiversity@carmarthenshire.gov.uk) for more information or if you would like to sign up to the Nature News e-mails.
- [Resources for Improving Biodiversity](#) – National Botanic Garden of Wales

