

Do you have poor vision?

Information about services available for people with visual impairment

Fact Sheet 4

(September 2023)

In Carmarthenshire there are a range of services available to help people with a sensory impairment keep as much independence and control over their lives as possible.

This fact sheet tells you about these services and how to find out more about them.

What is Sensory Impairment?

Sensory impairment is the term used to describe disabilities such as:

- **Severely Sight Impaired**
- **Sight Impaired**
- **Deaf/hard of hearing**
- **Deafblind (dual sensory impaired)**

If you have a visual impairment the following services may be of help to you:

Mobility Training - we can provide you with training with various types of canes to enable you to become a safe and independent traveler, whether this is to the local shop or travelling abroad.

Daily Living Aids - there are a number of aids available to assist and promote your independence in the kitchen i.e. hot water dispenser/one cup kettle, tactile markers to enable you to find the correct buttons on items in the kitchen etc



For more information on social care services log onto:
www.carmarthenshire.gov.wales/socialcare

Low Vision Aids - aids such as handheld and desktop magnifiers. We can also teach you how to use these aids with low vision therapy.

Communication Aids and Training - we can help you to extend the communication skills you already have with advice on aids such as large button telephones, Ipad training, tablet training, android and Iphones, Alexa, laptops and personal computers to keep you involved with everyday communication.

Talking Books & Newspapers - we can arrange for these to be delivered to your home or assist with the use of Alexa and other audio services.

Loan of Equipment - certain items of equipment can be loaned free of charge.

Financial Benefits – we can advise you about benefits and how to apply.

Registering as Visually Impaired - we can give you information about registering as Severely Sight Impaired or Sight Impaired. These registers help us to develop services and involve people who use these services in the planning stages. Our staff can advise further.

We will try to make sure that the help we provide will meet your individual needs.

How can I contact you?

You can contact our rehabilitation officers for the visually impaired by telephoning our Information, Advice and Assistance Service on: 0330 333 2222 or by minicom on 01554 756741 or by SMS: 0789 2345678 or by making a referral through our website www.carmarthenshire.gov.uk

We can give you further details about services and other organisations whose purpose is to help people with a sensory loss.

Other organisations that can help include:

RNIB (Royal National Institute for the Blind) Cymru	0303 123 9999
Guide Dogs	0118 983 5555
Talking Newspapers:	
Ammanford	01269 596236
Carmarthen	01267 230527
Llanelli	01554 774352
Llyfrau Llafar Cymru	01267 230527
Wales Council for the Blind	02920 473954

This factsheet is also available in Welsh.

**If you would like this factsheet in any other format
telephone 01267 228703 or**

Email: socialcare@carmarthenshire.gov.uk